

## Frequently Asked Questions (FAQ)

- **Who may attend?**  
The Welcome weekend is open to anyone 21 years or older.
- **How much does the retreat cost?**  
There is no fee for this life-changing weekend.
- **Where does the retreat take place?**  
The weekend begins at the Kamel Life Center of All Saints Catholic Church. We will begin at 8:00 AM Saturday and end by 4:00 PM Sunday.
- **What about Meals?**  
Volunteer parishioners and the Parish will provide all meals, drinks, and snacks.
- **What Should I wear?**  
Casual and comfortable clothes are appropriate; bring a sweater in case it gets cold.
- **Is the Welcome weekend for men and women together?**  
No. Separate weekends are held for women and men.
- **Where do I sleep?**  
Sleeping accommodations are in the Kamel Life Center at All Saints Catholic Church. We ask that you bring your own pillow, sheets/blanket, a towel and any toiletries you may need. Also bring an air mattress if you have one. Otherwise one will provided for you.